

Joshua and Caleb told the truth. "The land is very good! It will be hard to fight the people but God will help us. Choose to trust God and obey!" [Numbers 13 & 14]

God's people did not choose to trust God. They gave into fear and anger and blaming.

What do you do when you are afraid?

Get angry? Shut down? God says to share your thoughts and feelings with Him and then choose to trust Him! [Psalm 56:3, 142:2]

What thoughts and feelings do you have to share with God today?

